

SUCCESSFUL LIFE

ABIGAIL BARNES

"Having Abigail as a facilitator and coach was an awesome experience. Her authenticity, openness, trust and her charming way to present "heavy" topics made the workshop a very personal.

If you want to get inspired, I recommend you book Abigail for your next event."

Martin Capelle (Founder and Owner of CCTC, Consulting Coaching Training Capelle, Germany)



Abigail Barnes is an award-winning entrepreneur, author, global speaker, moderator, facilitator, business trainer, qualified coach, and the Founder & CEO of Success by Design Training.

Abigail Barnes is the author of Time Management for Entrepreneurs, a book that has helped thousands of readers learn how to prioritise their time and resources, increasing their efficiency, giving them more time to focus on growth and revenue generating activities.



Abigail understands human motivation and uses her own life-changing wake-up call to inspire, motivate and show audiences how they can transform their lives and results turning fear into their foundation for success.

She will leave your audience excited, ready to take action, and begging for more.

All talks/training can be bespoke tailored here are 4 signature talks:

- 💡 Transform your relationship with time & create industry-leading results without burnout & overwhelm
- 💡 Using the 888 Formula to improve Time Management, productivity & wellness
- 💡 Chanel your Productivity Badass
- 💡 Lead don't follow, making every moment count

Hire Abigail to Speak

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📷 @abarnesauthor

- 🏠 Motivational Speaker
- 🏠 Author (Time Management for Entrepreneurs)
- 🏠 CEO & Founder of Success by Design Training
- 🏠 Productivity | Time Management | Legacy

