

WEEKLY TRACKER

TRACK YOUR PROGRESS DAILY

Use this tracker as a **visual reminder** to take a daily actions.

Colour in every day you complete your morning pages.

Tick every week you go on your Artists Date.

	MORNING PAGES							ARTIST DATE
WEEK 1	1	2	3	4	5	6	7	<input type="checkbox"/>
WEEK 2	1	2	3	4	5	6	7	<input type="checkbox"/>
WEEK 3	1	2	3	4	5	6	7	<input type="checkbox"/>
WEEK 4	1	2	3	4	5	6	7	<input type="checkbox"/>
WEEK 5	1	2	3	4	5	6	7	<input type="checkbox"/>
WEEK 6	1	2	3	4	5	6	7	<input type="checkbox"/>
WEEK 7	1	2	3	4	5	6	7	<input type="checkbox"/>
WEEK 8	1	2	3	4	5	6	7	<input type="checkbox"/>
WEEK 9	1	2	3	4	5	6	7	<input type="checkbox"/>
WEEK 10	1	2	3	4	5	6	7	<input type="checkbox"/>
WEEK 11	1	2	3	4	5	6	7	<input type="checkbox"/>
WEEK 12	1	2	3	4	5	6	7	<input type="checkbox"/>